

Try Harder Next Time

“How many times have I told you to be quiet when I’m on the phone?! You make it impossible to hear! Go to your rooms and don’t come out until I tell you to!” Karen screamed as her four-year-old and three-year-old scampered up the stairs.

Karen took a deep breath and then sat down at the kitchen table and cried. She had lost her cool with her kids again. The previous evening she had promised the Lord that she would not yell at her kids anymore. Yet after only an hour with her kids she tore into them with her words.

Karen pulled herself together, went and apologized to her kids, and again promised the Lord not to yell at them.

1. Evaluate Karen's approach to overcoming her problem.
2. What success do you predict Karen will have in trying to stop yelling at her kids?
3. How does the truth in Galatians 3:2 and 3 relate to Karen's attempts to be a better person?
4. What have you discovered through your attempts to change your life by relying on yourself instead of God?
5. How can you effectively transfer to God any trust you have in yourself?